

Coaches,

I need you to sign and verify on the next page that you have seen the uniform rotation and are aware of when it will be your turn to get uniforms.

Thanks

Alex

Archery	Lesia Cook
Baseball	Alex Ector
Softball	Paul Ector
Boys Basketball	Chris Ector
Girls Basketball	Steph D. Burt, II
Boys Golf	Janet Gossett
Girls Golf	Dave Wilson
Boys Soccer	Sam Ector
Girls Soccer	Tim Ector
Cheer	Melanie Sheemaker
Dance	Melanie Sheemaker
Cross Country	Boys: Paul Ector Girls: Debbie Carrington
Swimming	Boys: John O'Neil Girls: John O'Neil
Tennis	Laurin Ailder
Track	Boys: Watson Girls: Debbie Carrington
Volleyball	Melissa Launce
Fishing	Paul Ector
Football	Sam Ector

Football
Baseball
Softball
Archery
Cross Country
Track
Swimming
Golf each
Dance
Volleyball
Tennis
Girls BB
Boys BB
Boys Soccer
Girls Soccer
Cheer
Bass Fishing

Group A
Girls Soccer
Boys Soccer
B-Basketball
G-Basketball
B-Golf
G-Golf

Group B
Softball
Baseball
Track
Cross Country
Tennis
Swim
Dance

Group C
Football
Volleyball
Cheer
Archery
Bass Fishing

2019-2020 Group A
2020-2021 Group B
2021-2022 Group C
2022-2023 Group A
2023-2024 Group B
2024-2025 Group C
2025-2026 Group A
2026-2027 Group B
2027-2028 Group C

3 Year Rotation

Southwestern High School

Travel Per Diem

All travel must be approved by the Principal and Athletic Director

Out of State

The board of education will approve all out of state travel.

Non-overnight and bus travel time of less than two hours:

- All bus travel will be on Pulaski County Board of Education busses.

Non-overnight bus travel time of two hours or more:

- All bus travel will be on Pulaski County Board of Education busses.
- If a team desires to travel using an alternative method of transportation, they must receive advance approval by the Pulaski County Board of Education. Charter companies must provide a copy of their insurance. Alternative transportation for teams will not be funded through school activity accounts.

Overnight

- All travel will be on Pulaski County Board of Education busses. If a team is traveling more than two hours and want to use an alternative method of transportation, they must receive advance approval by the Pulaski County Board of Education and there booster is to cover that expense.
- Teams must stay where there are no exterior doors into the rooms for hotels. The title IX coordinator must approve condominiums. All places must have a 3 star rating. Teams cannot spend more than 175.00 per four kids per room.
- Any exceptions to this policy shall be addressed on an as needs basis and must be approved by the Principal or Athletic Director of Southwestern High School.

Meals

There is an after school food program that every athlete can participate in before practices or games. If booster clubs want to bring food before road trips, they cannot spend more than 10 dollars per kid. On trips, if the booster club buys meals they cannot spend more than 10 dollars per kid each meal and an max of 30 dollars per day.